



ENERGY STAR CERTIFIED Computers (Bold)

Lenovo - IdeaPad Flex 5 14ABR8 : IdeaPad Flex 5 14ABR8

Specifications	
ENERGY STAR Unique ID:	2403884
Brand Name:	Lenovo
Model Name:	IdeaPad Flex 5 14ABR8
Model Number:	IdeaPad Flex 5 14ABR8
Type:	Notebook
Category 2: Processor Brand:	AMD
Category 2: Processor Name:	Ryzen 7
Category 2: Base Processor Speed Per Core (GHz):	2.0
Category 2: Physical CPU Cores (count):	8
Category 2: System Memory (GB):	16
Category 2: Default Low-power Mode:	ALPM
Category 2: Long Idle Power Used for Sleep Mode:	No
Category 2: Off Mode (watts):	0.2
Category 2: Sleep Mode (watts):	0.5
Category 2: Long Idle (watts):	0.5
Category 2: Short Idle (watts):	5.3
Category 2: Base TEC Allowance (kWh):	14
Category 2: Functional Adder Allowances (kWh):	16.8
Category 2: TEC of Model (kWh):	16.4
Notebooks, Desktops, Integrated Computers, Slate/Tablets, Two-in-one Notebooks, and Portable All-in-ones Category for TEC (Typical Energy Consumption) Criteria:	2
Category 2: Operating System Name:	Windows 11
Sleep Mode Default Time Upon Shipment (min.):	10
Display Sleep Mode Default Time Upon Shipment (min.):	10
Ethernet Capability:	No
Touch Screen:	Yes
Date Available On Market:	2022-12-12
Date Certified:	2022-10-31
Markets:	United States, Switzerland, Taiwan, Japan, Canada

ENERGY STAR Certified:	Yes
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Captured On:
07/17/2025