



ENERGY STAR CERTIFIED

Computers (Bold)

Lenovo - 1) ThinkBook 16 G7 ARP : 1) ThinkBook 16 G7 ARP

Specifications

ENERGY STAR Unique ID:	3387798
Brand Name:	Lenovo
Model Name:	1) ThinkBook 16 G7 ARP
Model Number:	1) ThinkBook 16 G7 ARP
Type:	Notebook
Category 2: Processor Brand:	AMD
Category 2: Processor Name:	Ryzen 7
Category 2: Base Processor Speed Per Core (GHz):	3.8
Category 2: Physical CPU Cores (count):	8
Category 2: System Memory (GB):	32
Category 2: Default Low-power Mode:	ALPM
Category 2: Long Idle Power Used for Sleep Mode:	No
Category 2: Off Mode (watts):	0.5
Category 2: Sleep Mode (watts):	1.1
Category 2: Long Idle (watts):	1.1
Category 2: Short Idle (watts):	6.0
Category 2: Base TEC Allowance (kWh):	14
Category 2: Functional Adder Allowances (kWh):	25.0
Category 2: TEC of Model (kWh):	21.3
Notebooks, Desktops, Integrated Computers, Slate/Tablets, Two-in-one Notebooks, and Portable All-in-ones Category for TEC (Typical Energy Consumption) Criteria:	2
Category 2: Operating System Name:	Windows 11 Pro
Sleep Mode Default Time Upon Shipment (min.):	5
Display Sleep Mode Default Time Upon Shipment (min.):	5
WOL (Wake on LAN) From Sleep:	Shipped Disabled
Will the Speed of Any Active 1 GB/s or Higher Ethernet Network Links be Reduced to Less Than 1 GB/s When Transitioning to Sleep or Off Mode?:	Yes

Ethernet Capability:	Yes
Touch Screen:	Yes
Date Available On Market:	2024-03-11
Date Certified:	2024-01-29
Markets:	United States, Switzerland, Taiwan, Japan, Canada
ENERGY STAR Certified:	Yes

Additional Model Information

2) ThinkBook 16 G7 AHP,2) ThinkBook 16 G7 AHP; 3) ZhaoYang X5-16 AHP,3) ZhaoYang X5-16 AHP,

Captured On:
06/13/2025