



ENERGY STAR CERTIFIED Computers

Lenovo - IdeaPad Flex 5 14IRU8 : IdeaPad Flex 5 14IRU8

Specifications	
ENERGY STAR Unique ID:	2406602
Brand Name:	Lenovo
Model Name:	IdeaPad Flex 5 14IRU8
Model Number:	IdeaPad Flex 5 14IRU8
Type:	Notebook
Category 2: Processor Brand:	Intel
Category 2: Processor Name:	Core i7
Category 2: Base Processor Speed Per Core (GHz):	1.7
Category 2: Physical CPU Cores (count):	10
Category 2: System Memory (GB):	16
Category 2: Default Low-power Mode:	Sleep Mode
Category 2: Long Idle Power Used for Sleep Mode:	No
Category 2: Off Mode (watts):	0.2
Category 2: Sleep Mode (watts):	0.3
Category 2: Long Idle (watts):	2.0
Category 2: Short Idle (watts):	4.2
Category 2: Base TEC Allowance (kWh):	14
Category 2: Functional Adder Allowances (kWh):	16.0
Category 2: TEC of Model (kWh):	14.1
Notebooks, Desktops, Integrated Computers, Slate/Tablets, Two-in-one Notebooks, and Portable All-in-ones Category for TEC (Typical Energy Consumption) Criteria:	2
Category 2: Operating System Name:	Windows 11
Sleep Mode Default Time Upon Shipment (min.):	10
Display Sleep Mode Default Time Upon Shipment (min.):	10
Ethernet Capability:	No
Touch Screen:	Yes
Date Available On Market:	2023-02-22
Date Certified:	2023-01-09
Markets:	United States, Switzerland, Taiwan, Japan, Canada

ENERGY STAR Certified:	Yes
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Additional Model Information

Lenovo Flex 7 14IRU8,Lenovo Flex 7 14IRU8,

Captured On:
05/02/2025